

SUMMER 2021 SCHEDULE



FREDERICKSBURG
BALLET CENTRE

MONDAY			STUDIO 1			STUDIO 2			STUDIO 3		
5:15-6:15	Theraband Int I (required)	TM	5:00-5:45	Beg Tap	AC	5:15-6:15	Theraband Int II/III	J			
6:15-7:15	Ballet Int I	BM	5:45-6:30	Beg Jazz	T	6:15-7:15	Ballet Int II/III	TM			
7:15-8:30	Ballet Int IV/V/ADV	BM			T	7:15-8:15	Pointe Int II/III	TM			
8:30-9:15	Pointe IV/V/ADV	BM									
TUESDAY			STUDIO 1			STUDIO 2			STUDIO 3		
5:00-6:00	Ballet Beg III/PreInt	MC	5:00-6:00	Yoga & Flexibility Int I-Adv	AC	5:15-6:00	Ballet Beg I/II	CH			
			6:00-7:00	Jr/Int Tap	AC	6:00-7:00	Sr Contemporary	J			
7:00-8:00	Int Jumps/Turns	AC	7:00-8:00	Jr Lyrical	MC	7:00-8:00	Sr Jumps/Turns	J			
8:00-9:00	Int Contemporary	AC	8:00-9:00	Sr Tap	J	8:00-9:00	Jr Jumps/Turns	MC			
WEDNESDAY			STUDIO 1			STUDIO 2			STUDIO 3		
5:00-6:15	Ballet Int I	TM	4:00-4:45	Creative Movement ages 3-4	CS	5:30-6:15	Beg Hip-Hop	T			
6:15-7:00	PrePointe Int I	TM	4:45-5:30	PreBallet I/II ages 5-7	CS						
7:20-8:35	Ballet Int IV/V/Adv	TM									
8:35-9:20	Pointe Int IV/V/Adv	TM	8:00-9:00	Teen/Adult Ballet	CH						
THURSDAY			STUDIO 1			STUDIO 2			STUDIO 3		
5:00-6:00	Ballet Int II/III	BM				5:00-6:00	Beg/Jr Acro	LJ			
6:00-7:00	Pointe Int II/III	BM				6:00-7:00	Sr Acro	LJ			
7:15-8:30	Ballet Int IV/V/Adv	J	7:15-8:30	Adult Modern	BM	7:15-8:15	Int Acro	LJ			
8:30-9:15	Pointe Int IV/V/Adv	J									
FRIDAY			STUDIO 1			STUDIO 3					
7:00-8:00	Mindful Meditation Workshop	T				7:00-8:00	Ballroom	VW			

LJ - Leah Jackson
 CH - Christina Hawkins
 J - Joye Thomas
 CS - Cristi Saunders
 LK - Lyndsey Kilgore
 T - Taylor Murray
 MC - Maddie Counsel
 BM - Beverly Mendez
 AS - Ashley Cleaton
 TM - Terry Mayer
 VW - Vicky Wilder

CURRENT LEVEL

Beg Levels

PreBallet I/II

Ballet Beg I/II

Jazz, Tap, HH 1/2/3

Jr Levels

Ballet Beg III/PreInt

Ballet Int I

Jazz, Tap, HH 4/5/6

Int Levels

Ballet Int II/III

Jazz, Tap, HH 7/8

Sr Levels

Ballet Int IV/V/Adv

Jazz, Tap, HH 9/10/Adv